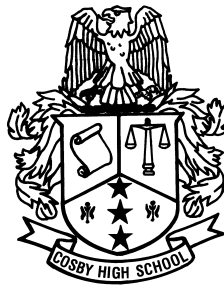


Cosby High School

10th Grade

Informational Packet



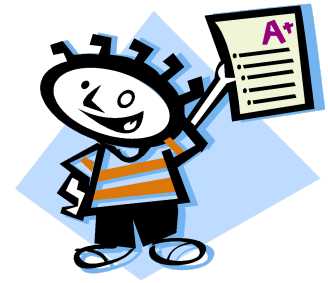
****This is a double-sided information packet****

During your **SOPHOMORE** year, you need to complete (or, at least, keep in mind) the following items. By doing so, not only will you feel more informed, but also, better prepared as your future graduation grows closer.

Also, this year should be a **YEAR OF PERSONAL GROWTH**. In addition to working hard in school and being involved in a variety of activities, **TRY TO IDENTIFY YOUR ABILITIES, INTERESTS, AND APTITUDES**. Look for opportunities to further develop your skills and talents.

□ ***Keep track of the classes you need and the grades that you receive.***

- Remember, you need 28 total credits to graduate.^{1*} Work hard to be sure that you are getting all of the credits that you need by passing all of your courses, especially those that are required.



□ ***Important planning ideas for sophomores***

ACT Test: *Sophomores may want to plan to take the ACT test upon completion of Geometry course to gain ACT testing experience. Please contact the Counseling Dept for deadlines, cost, and other details. You may also visit ACT.org for information!*

Other helpful tips:

- Learn what resources are available to help you plan for college by meeting with your school counselor. Ask about college catalogs, guidebooks, college search programs, and college websites.
- Continue extracurricular activities, as admission officers look at students' extracurricular activities when considering them for admission.
- Continue participation in academic enrichment programs, summer workshops and camps with specialty focuses, such as music, arts and science.
- Update your file of important documents and notes.
- Sign up for junior year courses keeping in mind that you will want to challenge yourself with tougher courses. It will pay off in the long run not only by making you smarter, but by impressing colleges and helping you win scholarships
- Talk to your counselor about registering for Dual Enrollment (DE) courses next year, if you meet eligibility requirements. By taking and passing these courses, you could earn college level transcript while still in high school!

Be aware of how your grades affect your GPA.

ALL of your semester grades impact your cumulative GPA (Grade Point Average); therefore, you want to do your best in each of your classes every semester. Remember, this may make a difference down the line when scholarships come into play.

There are two types of GPA calculations-Weighted and Unweighted. For the unweighted GPA, each final grade is worth so many points, using the following scale. **With the weighted scale, Honors courses will receive an additional ½ point and Advanced Placement or Dual Enrollment Courses will receive an extra 1 full point. Please note that the Hope/Lottery Scholarship requires an unweighted 3.0 GPA**



Final Grade:	GPA Calculation
A = 4 points	<i>To get your unweighted GPA, just add up all the points using each final grade and then divide the total by the number of grades you used. For a weighted GPA calculation, simply add the extra points (honors/DE, ect) to your total point & then divide.</i>
B = 3 points	
C = 2 points	
D = 1 point	
F = 0 points	

$$\frac{\text{Total POINTS}}{\text{Total \# of GRADES}} = \text{GPA}$$

* ☺ To graduate with State Honors:

Students who score at or above all of the subject area readiness ACT benchmarks or equivalent score on the SAT will graduate with honors.

The ACT Benchmarks are as follows:

ACT English Benchmark:	18
ACT Math Benchmark:	22
ACT Reading Benchmark:	22
ACT Science Benchmark:	23

To graduate with Distinction:

Students will be recognized as graduating with "distinction" by attaining a B average and completing at least one of the following:

- Earn a nationally recognized industry certification
- Participate in at least one of the Governor's Schools
- Participate in one of the state's ALL State musical organizations
- Be selected as a National Merit Finalist or Semi-Finalist
- Attain a score of 31 or higher composite score on the ACT
- Attain a score of 3 or higher on at least two advanced placement exams
- Successfully complete the International Baccalaureate Diploma Program
- Earn 12 or more semester hours of transcribed postsecondary credit

Demonstrate the ability to balance school, extracurricular activities, leisure time and family time. Get involved. Ask yourself, “What kind of activities am I involved in now?” “What else do I need to consider being a part of?”

Participate in a sport, take on a leadership role in a club, Volunteer in your community, get a summer job/internship or participate in TN Governor’s School, visit your college of choice, job shadow

Extra-/Co-curricular and community activities enhance your high school experience and they look great on college scholarships and applications. So, **volunteer** or tryout for leadership roles. **DON’T WAIT** until it’s too late; get involved now! Keep a log of your academic progress and activities (resume’). See next page (p. 5) of sample resume!

□ ***Governor’s Schools:***

The State of Tennessee provides twelve summer programs for gifted and talented high school students in the tenth and eleventh grades. These programs provide challenging and intensive learning experiences in these disciplines: Arts, Humanities, International Studies, Engineering, Science, Prospective Teachers, Scientific Exploration of Tennessee Heritage, Information Technology Leadership, and Agricultural Science. For more information and deadlines regarding Tennessee Governor’s Schools, visit <https://www.tn.gov/education/districts/instruction/t doe-governors-schools.html> Some deadlines as early as November 1st. See your Counselor for more information.

✓ **Thinking of being a Student Athlete at college??**

Will you be eligible to play sports in college? You must meet the eligibility requirements designated by the NCAA. Be sure that you work with your counselor to insure that you are taking the core classes that the NCAA requires. These typically follow our graduation requirements. Please keep in mind that NCAA does not recognize credit recovery courses and SAILS Math (senior math). To find out more information about the requirements, checkout their website:

www.eligibilitycenter.net

What follows is a general outline for a master résumé. It is not the only way to create a résumé; it is only a suggested format. Like the rest of your application, your résumé should reflect your personality, your strengths, and your interests.

NAME 6 Pine Street, Newport TN 37821 Home: 423.555.5555 Cell: 423.486.2222 Email: phjones@vacapp.com	
Education ACT Score- 21	Cosby High School Cosby TN GPA – 3.0 2009--2013
Work Experience	Pet Sitter 2010 - Present • Provide pet sitting services including dog walking, feeding and yard care. Child Care 2011 - Present • Provide child care for several families after school, weekends and during school vacations.
Achievements	• National Honor Society: 2011-2013 • Academic Honor Roll: 2010 -2013 • AP Scholar: 2012
Volunteer Experience	• Boys and Girls Club: 2012-2013 • Nursing Home: 2010-present • Relay for Life: 2010
Interests / Activities	• Member of Cocke County High School Tennis Team: 2010-present • Year Book Editor: 2013 • Band member: 2010-present
Computer Skills	• Proficient with Microsoft Word, Excel, and PowerPoint, and Internet

ACT Test

ACT Test
The TN Board of Education mandates that students must take the ACT exam to graduate with a high school diploma, in addition to completing the 28 credits, as noted on this page.
(Students are not required to make a specific ACT score, but they are required to take the ACT exam) Higher ACT scores may mean more scholarships!

All 11th graders have the opportunity to take the ACT exam in school, at no cost, in Spring of Junior year!

Take the **SAT** if you are considering going to an out-of-state school, Vanderbilt, or an Ivy League school. Visit "<http://www.collegeboard.com>" www.collegeboard.com. Go to www.collegeboard.com for test dates or see your school counselor for help.

Other Graduation Requirements:

Per the TN Dept of Education, students must complete and pass the US Civics exam. This exam is generally administered during the student's enrollment in their Senior social studies course.

Graduation Checklist

English:
(4)

- ___ English I / 9
- ___ English II / 10
- ___ English III / 11
- ___ English IV / 12

Math:
(4)

- ___ Algebra I
- ___ Algebra II
- ___ Geometry
- ___ Higher Level Math

Science:
(3)

- ___ Elective Science
- ___ Biology
- ___ Chemistry or Physics

Social Studies:
(4)

- ___ W. History/Geography
- ___ U. S. Government (or 3 ROTC credits)
- ___ U.S. History
- ___ Economics/Personal Finance

Other:
(2)

- ___ *Wellness
- ___ *Physical Education or complete full season school-sponsored sport
- *2 ROTC credits may substitute for PE & Wellness

Program Of Study (3)

Program of Study: _____

- ___ 1. _____
- ___ 2. _____
- ___ 3. _____

Fine Art (1)

___ Fine Art _____
(Any of fine arts, band, music, art, drama, etc.)

Foreign Language (2)

- ___ 1. _____
- ___ 2. _____
- (2 credits must be in same language)
- *Students may opt-out of the fine art/foreign language but must earn an additional program of study.

Computer Science (1)

- ___ *Computer Science (1 credit)
- *For Class of 2028 & beyond

Electives:

4 electives

Total

28 Needed for Graduation

TENNESSEE HOPE SCHOLARSHIP

***Please note below amounts are subject change, pending legislature and policy revisions.**

Students must meet the following requirements:

- Entering freshmen must have a minimum of a 21 ACT (1060 SAT), exclusive of the essay and optional subject area battery tests OR
- Overall *unweighted* minimum 3.0 grade point average (GPA)
- See complete list of eligibility & award rules at <https://www.collegefortn.org/tennessee-hope-scholarship-3/>

For entering freshmen enrolled at an eligible two-year school: Up to \$1600 per semester per full-time enrollment semester, as a freshman & sophomore.

For entering freshmen enrolled at an eligible four-year and two-year school with on-campus housing: Up to \$2,250 per full-time enrollment semester as a freshman and sophomore; then up to \$2,850 per full-time enrollment semester as a junior and senior

IMPORTANT NOTES:

- Only courses leading to a student's eligible program of study (associate or baccalaureate degree program) can be awarded under the HOPE Scholarship program
- Award amounts are available for summer enrollment
- Determination of class status is made by the postsecondary institution

Once enrolled in college courses, DO NOT DROP a course, unless you have checked with the financial aid office first. Dropping a course may jeopardize your scholarships, depending on full-time versus part-time requirements.

TENNESSEE PROMISE SCHOLARSHIP

Students who graduate can receive an award at an eligible postsecondary institution toward tuition, after all other gift aid has been first applied. High school students must attend mandatory meetings and participate in a mentoring program. College students must attend full time, continue to participate in the mentoring program, and perform 8 hours of community service prior to each term the award is received. For more details, visit <https://www.collegefortn.org/tennessee-promise-scholarship/>



Planning for your Junior and Senior Year:

Dual Enrollment Opportunities

Students are considered “dually enrolled” when they are enrolled in both high school and a post-secondary school. Dual Enrollment (DE) opportunities are available through Walters State Community College (WSCC) and Tennessee College of Applied Technology (TCAT) here at our Cosby High School campus. Students may earn high school credit and post-secondary credit upon successfully completing the course.

Costs: DE tuition costs may be offset by applying for the DE Grant. See your counselor for DE Grant award information. Students are required to maintain a minimum 2.0 GPA or permanently lose the DE Grant.

Current Dual Enrollment Course Offerings

<i>Walters State Community College</i>	<i>TCAT-Morristown</i>
<p>Eligibility: 3.0 GPA or 21 ACT Must be a Junior or Senior Numerous Courses Available at CHS Campus, pending demand:</p> <ul style="list-style-type: none"> • DE College Experience • DE Statistics • DE Composition I and II • DE American History I and II <p>Other courses offered at the Newport WSCC Center, include: Psychology, Sociology, Speech/Fundamentals of Communication, Music Appreciation</p>	<p>Eligibility: No required GPA</p> <p>Programs/Courses Available at CHS:</p> <p>*Industrial Maintenance *In the Industrial Maintenance program, students will earn TCAT hours towards TCAT’s Industrial Electricity Program.</p>
<p>Students interested in Dual Enrollment must talk to their school counselor for sign-up and registration information.</p>	

☐ **CHOOSE to challenge yourself and think about the future.**



www.collegeforTN.org

The www.collegeforTN.org website provides many tips that you could use to be successful in high school, as well as a scholarship search engine and career interest inventory/information. These tips and techniques can help you right now and in the future. In addition, this website has numerous tools to assist in finding the right college for you including type of school, size, majors, and tuition cost.



Visit: Platform.majorclarity.com

Major Clarity has many tools and filters for researching colleges and career interests. They include: Competitiveness (requirements Act/GPA, acceptance rates), costs, scholarships, majors, location, and size of the campus.

**Here are some additional websites for
College/Career Research**

bigfuture.collegeboard.org
www.campusexplorer.com
www.tntransferpathway.org
www.collegedata.com

Military Career/Scholarship Information:



- Please note that the below scholarship and entrance requirement information are subject to change and that the below list may not include all available military-related scholarships and admissions information. For the most up-to-date information, we encourage you to research online resources and contact the appropriate military representatives, as well as your high school counseling department.

The **United States Service academies**, also known as the **United States Military Academies**, are [HYPERLINK "http://en.wikipedia.org/wiki/United_States_federal_academies"](http://en.wikipedia.org/wiki/United_States_federal_academies) federal academies for the undergraduate education and training of [HYPERLINK "http://en.wikipedia.org/wiki/Commissioned_officer"](http://en.wikipedia.org/wiki/Commissioned_officer) commissioned officers for the [HYPERLINK "http://en.wikipedia.org/wiki/United_States_armed_forces"](http://en.wikipedia.org/wiki/United_States_armed_forces) United States armed forces. There are six U.S. Service academies:

- [HYPERLINK "http://en.wikipedia.org/wiki/United_States_Military_Academy"](http://en.wikipedia.org/wiki/United_States_Military_Academy) United States Military Academy, (Army) also known as "*West Point*" at West Point NY
- [HYPERLINK "http://en.wikipedia.org/wiki/United_States_Naval_Academy"](http://en.wikipedia.org/wiki/United_States_Naval_Academy) United States Naval Academy, also known as "*Annapolis*" in Annapolis MD
- [HYPERLINK "http://en.wikipedia.org/wiki/United_States_Coast_Guard_Academy"](http://en.wikipedia.org/wiki/United_States_Coast_Guard_Academy) United States Coast Guard Academy, in New London CT
- [HYPERLINK "http://en.wikipedia.org/wiki/United_States_Air_Force_Academy"](http://en.wikipedia.org/wiki/United_States_Air_Force_Academy) United States Air Force Academy, also known as the "*U.S.A.F.A.*" in Colorado Springs CO
- [HYPERLINK "http://en.wikipedia.org/wiki/United_States_Merchant_Marine_Academy"](http://en.wikipedia.org/wiki/United_States_Merchant_Marine_Academy) United States Merchant Marine Academy, also known as "*Kings Point*"
- [HYPERLINK "http://en.wikipedia.org/wiki/Uniformed_Services_University_of_the_Health_Sciences"](http://en.wikipedia.org/wiki/Uniformed_Services_University_of_the_Health_Sciences) Uniformed Services University of the Health Sciences, Bethesda, Maryland, strictly a college for graduate education in the medical fields.

Congressional nominations: Applicants to all service academies, except the United States Coast Guard Academy, are required to obtain a nomination to the school. Nominations may be made by Senators, Congressmen, and the President, and the Vice President (The United States Merchant Marine Academy only accepts nominations from Senators and Congressmen). Applicants to the Coast Guard Academy compete in a direct nationwide competitive process that has no by-state quotas.

If you are interested in seeking a congressional nomination and appointment, please begin the application process before your senior year. Completed application packets are due back to your state senators' offices by Oct. 1st of your senior year and due to your state representative by the middle of October. The application for nomination is extensive and requires several references/recommendations. Most of this should be completed along with having taken the SAT by the time you start your senior year. Congressional nomination interviews begin at the end of October. Nominees/appointees are contacted starting in December. For further information, see your school counselor.

ARMY ROTC Scholarship

How and When to Apply for a 4 Year Army ROTC Scholarship:

Can start the scholarship application process at the age of 17 years old

Recommend starting application no later than 2nd Semester of Junior Year

[HYPERLINK "http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html"](http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html)

<http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html>

3 High School Scholarship Boards convene during Senior Year- OCT, Jan, Mar

5 Main Parts (online Application, High School Transcripts, ACT/SAT, Interview, Physical Fitness Test