Cosby High School

11th Grade

Informational Packet



This is a double-sided information packet

Dear Student,

Congratulations, you are on your way!! By becoming a JUNIOR, you are now an UPPERCLASSMAN. The junior year is the time that you should seriously begin to research and examine your post—secondary options, take college tests, make college visits, and start noticing scholarships. Here's what you should be doing:

☐ Monitor your academic progress.

Since many college applications should be completed in the **fall of a student's senior** year, the last, and most recent, grades on the transcript are the junior year grades. The **junior year grades** are therefore **very** important.

☐ Be involved in activities to develop leadership skills and keep a log.

Become involved or continue to be involved in **clubs** and **activities** at your school. They are fun and look great on college scholarships and applications. Also, volunteer or tryout for leadership roles in such activities. Keep a log of your academic progress and activities by creating a resume. See sample resume (p.4) included in this packet

☐ Research your college options

There are about 2,000 colleges and universities in the United States. As you start looking at colleges, consider the following and determine what is important to you:



- 1. **LOCATION** of the campus
- 2. **SIZE** of the campus and average enrollment
- 3. **COST** of attendance
- 4. **AVAILABLE MAJORS** or programs of study
- 5. **COMPETITIVENESS**—how difficult is it to become accepted?
- 6. **REPUTATION** of the college/university
- 7. FACILITIES/SERVICES available to students
- 8. Surrounding **COMMUNITY**

Once you have identified colleges that you would like to investigate further, **call the admission offices and ask to be placed on their mailing or email lists.** You will receive information on visitation days and upcoming events. Plan to talk to a person in their financial aid office or visit their website to research scholarships and deadlines.

☐ Tip: Helpful Websites for College Research:

educationquest.org www.collegefortn.org

Ayers Scholars Program

Helping Every Student Develop A Plan To Reach Their Goals



Kylie Ogle
College Access Counselor

Aaron Self
Student Success Coordinator

The Ayers Scholars Program will provide support to high school students in the following areas:

☐ Navigate admissions to a post-secondary institution☐ Assist students and their families with the financial aid process

Students may sign-up for appointments in the Ayers Counseling Lobby, located in the Science Hallway.

What follows is a general outline for a master résumé. It is not the only way to create a résumé; it is only a suggested format. If you have nothing vital to offer under a certain heading, omit it. If there is a heading you can add that will tell important things about you, add it. Like the rest of your application, your résumé should reflect your personality, your strengths, and your interests.

NAME

6 Pine Street, Newport TN 37821 Home: 423.555.5555 Cell: 423.486.2222 Email: phjones@vacapp.com

Education Cosby High School Cosby TN

GPA - 3.0

ACT Score- 21

2009--2013

Work Experience Pet Sitter

2010 - Present

· Provide pet sitting services including dog walking, feeding and yard care.

Child Care 2011 - Present

· Provide child care for several families after school, weekends and during school

vacations.

Achievements • National Honor Society: 2011-2013

Academic Honor Roll: 2010 -2013

· AP Scholar: 2012

Volunteer Experience • Boys and Girls Club: 2012-2013

· Nursing Home: 2010-present

Relay for Life: 2010

Interests / Activities • Member of Cocke County High School Tennis Team: 2010-present

Year Book Editor: 2013

· Band member: 2010-present

Computer Skills Proficient with Microsoft Word, Excel, and PowerPoint, and Internet

Preparing for College

- ▶ Many colleges require scores for either the ACT or the SAT for entrance or placement in the appropriate English and Math courses. Many colleges will accept scores from either test; however, some colleges require, or prefer, scores from one or the other. You should **check the college's catalog for information regarding which test a college requires or prefers.** Students may retake these tests as many times as they want; colleges will generally use their highest score and may superscore. Students can pick up registration packets and study guides in the high school guidance office.
- ► You need to read the study guides, take the practice tests, use the online prep sites, and then go over what you missed on the practice tests. Of course, taking college preparatory classes in high school is the best preparation for both the ACT and the SAT.

To register for an ACT test on-line or to better prepare for it, talk to your School counselor. Make sure you are aware of registration deadlines. Please visit: www.act.org for more information.



<u>TIP:</u> At CHS, we recommend that you take the ACT as soon as possible after completing Geometry to gain experience in taking the ACT.

**Aim for at least 18 in English and 19 Reading to avoid taking remedial English. Aim for at least 19 in Math to avoid remedial support classes at WSCC

THIS YEAR <u>ALL</u> JUNIORS WILL BE TAKING THE **ACT** DURING SCHOOL:

*Spring Semester

ed at a later date!

Generally, the ACT is given to Juniors in March/April of the Spring Semester. Please note that students are required to take the ACT exam, as part of graduation requirements. This test date will be provided at no charge to the student. Testing procedures will be followed so that scores will be reportable to the post-secondary schools of your choice. Visit ACT Academy for a free personalized online learning tool and test practice program at ACT.org Additional test dates are available (National Test Dates). See your counselor for more information about national test dates or visit ACT.org.

Take the **SAT** if you are considering going to an out-of-state school, Vanderbilt, or an Ivy League school. Go to HYPERLINK "http://www.collegeboard.com for more information or to register.

Go to www.collegeboard.com for test dates or see your school counselor.

ACT Test

ACT Test

The TN Board of Education mandates that students must take the ACT exam to graduate with a high school diploma, in addition to completing the 28 credits, as noted on this page. (Students are not required to make a specific ACT score, but they are required to take the ACT exam) Higher ACT scores may mean more scholarships!

All 11th graders have the opportunity to take the ACT exam in school, at no cost, in Spring of Junior year!

Other Graduation Requirements:

Per the TN Dept of Education, students must complete and pass the US Civics exam. This exam is generally administered during the student's enrollment in their Senior social studies course.

English: (4)	English I / 9 English II / 10 English III / 11 English IV / 12	
Math: (4)	Algebra I Algebra II Geometry Higher Level Math	
Science: (3)	Elective Science Biology Chemistry or Physics	
	Chemistry or Physics	
Social Studies: (4)	W. History/Geography U. S. Government (or 3 ROTC credits) U.S. History Economics/Personal Finance	
Other: (2)	*Wellness *Physical Education or complete full season school-sponsored sport *2 ROTC credits may substitute for PE & Wellness	
Program Of Study (3)	Program of Study:	
Fine Art (1) Foreign	Fine Art(Any of fine arts, band, music, art, drama, etc.)	
Language (2)	2 (2 credits must be in same language) *Students may opt-out of the fine art/foreign language but must earn an	
Computer	additional program of study.	
Science	*Computer Science (1 credit)	
(1)	*For Class of 2028 & beyond	
Electives:	4 electives	
Total	28 Needed for Creduction	

Carefully Select Senior Courses

Be certain that senior courses meet all requirements for graduation, for the college(s) that you may attend and for NCAA eligibility (if applicable). Continue taking college prep courses. A competitive college will want to see a rigorous course of study in the senior year.

Classes for 12th Grade Year

English IV	DE Composition may substitute
Econ/Personal Finance	DE Intro to Business OR DE Agribusiness may substitute
Senior Math *NCAA does not accept Sails math courses	Sails Statistics, Sails MRDM, DE Statistics (list subject o change

Plan to make visit some colleges before senior year.

During breaks and the summer after the junior year is an excellent time to make college visits on your own. If you make your college visits during the summer months, be sure to revisit the college you are seriously considering when you are a senior in order to get a feel for what the college is like when it is in "full swing." If you plan a visit during your senior year, get a "College Visit Form" from the Counseling Dept.

****How to Plan a College Visit:

- You and your parents call the post-secondary school's admissions office several weeks ahead of time.
- Explain that you are interested in setting up a visit. Such a visit usually includes a tour of their campus information on specific majors, and sessions on financial aid.
- Check with your teachers to make sure you are not missing tests, important assignments prior to booking the college visit.
- The Counseling Dept has some helpful resources about what to ask at a college visit.



Planning on playing sports in college???

To be eligible to play sports in college, you must meet the eligibility requirements designated by the NCAA. The following information will be helpful throughout your high school career.

• At the beginning of your junior year, register at

www.eligibilitycenter.org

Double check to make sure the courses you have taken and plan on taking match your school's list of approved core courses. NCAA will NOT recognize any core classes taken as Credit Recovery. Plan on retaking the class to be on the safe side. You may even make a better grade than a "D" that is received in credit recovery.

 Ask your school counselor to send an official transcript to the Eligibility Center after completing your junior year. If you have attended more than one high school, the Eligibility Center will need official transcripts from all high schools attended. (The Eligibility Center does NOT accept faxed transcripts)

☐ Start CHECKING INTO SCHOLARSHIPS

on your own. The best way to pay for college is with someone else's money! Although you will complete a majority of your scholarship applications during your senior year, you should start looking at scholarship possibilities during your junior year. The Internet has a great deal of information on scholarship opportunities. Some excellent sources are listed below. Also, tell your parents to check with their employers. They may offer scholarships and/or matching funds. More important information you may want to know...

résumés, essays, and scholarships, career interests, and college information, talk to your school counselor.

Understand how scholarships work: Scholarships are free money, awarded based on whatever the people holding the purse strings care about. Maybe it's athletic talent. Maybe they care most about grades. Maybe they're looking for someone who is left-handed, suffers from asthma, and/or majoring in Spanish. No one is going to search you out and beg you to take their scholarship money. Finding scholarships requires time and effort, but the payoff can be priceless.

Types of Scholarships and Grants: Scholarships and grants can come from many different sources: state/federal government sources, college scholarships, private and local scholarships. For federal grants, such as Pell, visit https://studentaid.gov/understand-aid/types/grants/pell For state scholarship and grant information, including TN Promise, visit https://www.collegefortn.org/tennessee-financial-aid/. For college scholarships, research a specific college scholarship page on their website or talk to an admissions counselor. Finally for private and local scholarships, use scholarship search engines such as www.collegeboard.org, and www.fastweb.com. For local scholarships, check with the Counseling Dept.

Be worthy of a scholarship: Keep your grades up, participate in extracurricular activities, and volunteer for causes that matter to you - all of these things will help give you an edge as you apply for scholarships.

Know where to look: During your senior year, scholarships will come through the counseling office and be listed in the Senior Newsletter, which is posted in the Counseling Department, as well as online. When you begin looking at which college you want to attend, make sure to check with that college's Financial Aid Office as well. While local scholarships are your best bet, don't assume that online, national searches are a waste of your time. They may be more competitive, but the payoff can be bigger too.

Don't get scammed: Scholarship information is free. Think twice (or call your counselor) before paying someone for scholarship information.

Do it right: Make sure to complete scholarship applications fully, neatly, and honestly.

Don't give up: Applying for scholarships can get very competitive. Don't be discouraged if your first efforts aren't rewarded immediately. It's worth your time to keep trying.

To graduate with State Honors:

Students who score at or above all of the subject area readiness ACT benchmarks or equivalent score on the SAT will graduate with State honors.

The ACT Benchmarks are as follows:

ACT English Benchmark: 18
ACT Math Benchmark: 22
ACT Reading Benchmark: 22
ACT Science Benchmark: 23

To graduate with Distinction:

Students will be recognized as graduating with "distinction" by attaining a B average and completing at least one of the following:

- Earn a nationally recognized industry certification
- Participate in at least one of the Governor's Schools
- Participate in one of the state's ALL State musical organizations
- Be selected as a National Merit Finalist or Semi-Finalist
- Attain a score of 31 or higher composite score on the ACT
- Attain a score of 3 or higher on at least two advanced placement exams
- Successfully complete the International Baccalaureate Diploma Program
- Earn 12 or more semester hours of transcripted postsecondary credit

How will you rank out of your class of graduates?

Class rank is based on your cumulative *Weighted Grade Point Average (GPA) which takes into account all semester grades from your freshman year through your first semester of your senior year. Your official GPA and rank will be calculated and set after your 7th semester for the purpose of recognition at honors night and your graduation ceremony. Also, GPAs can be used by potential employers or post-secondary institutions to assess and compare applicants. Please note that the Hope/Lottery Scholarship is based upon an unweighted GPA minimum of 3.0 or ACT Composite of 21.

*The Cocke County School Board has adopted a weighted grading policy in which honors classes receive ½ additional point and AP and DE classes receive an additional 1 point to their GPA.

The better your GPA and ACT/SAT scores are, the more scholarship opportunities you'll have!

TENNESSEE HOPE SCHOLARSHIP

*Please note below amounts are subject change, pending legislature and policy changes.

Students must meet the following requirements:

- Entering freshmen must have a minimum of a 21 ACT (1060 SAT), exclusive of the essay and optional subject area battery tests OR
- Overall *unweighted* minimum 3.0 grade point average (GPA)
- See complete list of eligibility & award rules at https://www.collegefortn.org/tennessee-hope-scholarship-3/

For entering freshmen enrolled at an eligible two-year school: Up to \$1600 per semester per full-time enrollment semester, as a freshman & sophomore.

For entering freshmen enrolled at an eligible four-year and two-year school with on-campus housing: Up to \$2,250 per full-time enrollment semester as a freshman and sophomore; then up to \$2,850 per full-time enrollment semester as a junior and senior

IMPORTANT NOTES:

- Only courses leading to a student's eligible program of study (associate or baccalaureate degree program) can be awarded under the HOPE Scholarship program
- Award amounts are available for summer enrollment
- Determination of class status is made by the postsecondary institution

Once enrolled in college courses, DO NOT DROP a course, unless you have checked with the financial aid office first. Dropping a course may jeopardize your scholarships, depending on full-time versus part-time requirements.

TENNESSEE PROMISE SCHOLARSHIP

Students who graduate can receive an award at an eligible postsecondary institution toward tuition, after all other gift aid has been first applied. High school students must attend mandatory meetings and participate in a mentoring program. College students must attend full time, continue to participate in the mentoring program, and perform 8 hours of community service prior to each term the award is received. For more details, visit https://www.collegefortn.org/tennessee-promise-scholarship/

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Other Items To Consider During Your Junior Year.

- Update your "Activities and Awards" portfolio. Keep all of your activities and awards listed per year. Complete a **résumé** of activities and achievements, or at least be sure to write everything down. Use a Google doc or other electronic record to keep track of your activities and awards...
- O Work with your parents to narrow your college choices. Try to narrow your choices to five or fewer. Try for a dream college, a sure bet, and a few that are some where in between. Definitely, always have a backup plan if your first choice falls through.
- o Choose meaningful activities for the summer months like some of the following.
 - Visit the campuses of your top-five college choices so that you can narrow down the two that you
 would like to visit during your senior year.
 - Read, read, and read some more.
 - Volunteer in your community.
 - Start a journal to help you when it comes the time to write college essays.
 - If you go on any visits or interviews, don't forget to write thank-you notes.
 - Get a summer job or internship.
 - Take advantage of special summer programs that many colleges offer to outstanding juniors.
 (Apply for *TN Governor's Schools if interested.)
 - Shadow someone working in a field that's interesting to you.

□ *Tennessee Governor's Schools

The State of Tennessee provides twelve summer programs for gifted and talented high school students in the tenth and eleventh grades. These programs provide challenging and intensive learning experiences in these disciplines: Arts, Humanities, International Studies, Engineering, Science, Prospective Teachers, Scientific Exploration of Tennessee Heritage, Information Technology Leadership, and Agricultural Science. For more information and deadlines regarding Tennessee Governor's Schools, visit: https://www.tn.gov/education/districts/instruction/tdoe-governors-schools.html Some deadlines as early as November 1st. See your Counselor for more information.

Dual Enrollment Opportunities

Students are considered "dually enrolled" when they are enrolled in both high school and a post-secondary school. Dual Enrollment (DE) opportunities are available through Walters State Community College (WSCC) and Tennessee College of Applied Technology (TCAT) here at our Cosby High School campus. Students may earn high school credit and post-secondary credit upon successfully completing the course.

Costs: DE tuition costs may be offset by applying for the DE Grant. See your counselor for DE Grant award information. Students are required to maintain a minimum 2.0 GPA or permanently lose the DE Grant.

Current Dual Enrollment Course Offerings

Walters State Community College	TCAT-Morristown	
Eligibility: 3.0 GPA or 21 ACT Must be a Junior or Senior	Eligibility: No required GPA	
Numerous Courses Available at CHS Campus, pending demand: • DE College Experience • DE Statistics • DE Composition I and II • DE American History I and II	*Industrial Maintenance *In the Industrial Maintenance program, students will earn TCAT hours towards TCAT's Industrial Electricity Program.	
Other courses offered at the Newport WSCC Center, include: Psychology, Sociology, Speech/Fundamentals of Communication, Music Appreciation		
Students interested in Dual Enrollment must talk to their school counselor		

Students interested in Dual Enrollment must talk to their school counselor for sign-up and registration information.

☐ CHOOSE to challenge yourself and think about the future.



www.collegeforTN.org

The <u>www.collegeforTN.org</u> website provides many tips that you could use to be successful in high school, as well as a scholarship search engine and career interest inventory/information. These tips and techniques can help you right now and in the future. In addition, this website has numerous tools to assist in finding the right college for you including type of school, size, majors, and tuition cost.



Visit: Platform.majorclarity.com

Major Clarity has many tools and filters for researching colleges and career interests. They include: Competitiveness (requirements Act/GPA, acceptance rates), costs, scholarships, majors, location, and size of the campus.

Here are some additional websites for College/Career Research

www.collegedata.com www.campusexplorer.com <u>bigfuture.collegeboard.org</u> <u>www.tntransferpathway.org</u>

Military Career/Scholarship Information:

Please note that the below scholarship and entrance requirement information are subject to change and that the below list may not include all available military-related scholarships and admissions information. For the most up-to-date information, we encourage you to research online resources and contact the appropriate military representatives, as well as your high school counseling department.

The United States Service academies, also known as the United States Military Academies, are HYPERLINK
"http://en.wikipedia.org/wiki/United_States_federal_academies" \o "United States federal academies" federal academies for the
undergraduate education and training of HYPERLINK "http://en.wikipedia.org/wiki/Commissioned_officer" \o "Commissioned officer"
commissioned officers for the HYPERLINK "http://en.wikipedia.org/wiki/United_States_armed_forces" \o "United States armed forces"
United States armed forces. There are six U.S. Service academies:

- HYPERLINK "http://en.wikipedia.org/wiki/United_States_Military_Academy" \o "United States Military Academy" United States Military Academy, (Army) also known as "West Point" at West Point NY
- HYPERLINK "http://en.wikipedia.org/wiki/United_States_Naval_Academy" \o "United States Naval Academy" United States Naval Academy, also known as "Annapolis" in Annapolis MD
- HYPERLINK "http://en.wikipedia.org/wiki/United_States_Coast_Guard_Academy" \o "United States Coast Guard Academy" United States Coast Guard Academy, in New London CT
- HYPERLINK "http://en.wikipedia.org/wiki/United_States_Air_Force_Academy" \o "United States Air Force Academy" United States Air Force Academy, also known as the "U.S.A.F.A." in Colorado Springs CO
- HYPERLINK "http://en.wikipedia.org/wiki/United_States_Merchant_Marine_Academy" \o "United States Merchant Marine Academy" United States Merchant Marine Academy, also known as "Kings Point"
 - HYPERLINK "http://en.wikipedia.org/wiki/Uniformed_Services_University_of_the_Health_Sciences" \o "Uniformed Services University of the Health Sciences" Uniformed Services University of the Health Sciences, Bethesda, Maryland, strictly a college for graduate education in the medical fields.

Congressional nominations: Applicants to all service academies, except the United States Coast Guard Academy, are required to obtain a nomination to the school. Nominations may be made by Senators, Congressmen, and the President, and the Vice President (The United States Merchant Marine Academy only accepts nominations from Senators and Congressmen). Applicants to the Coast Guard Academy compete in a direct nationwide competitive process that has no by-state quotas.

If you are interested in seeking a congressional nomination and appointment, please begin the application process before your senior year. Completed application packets are due back to your state senators' offices by Oct. 1st of your senior year and due to your state representative by the middle of October. The application for nomination is extensive and requires several references/recommendations. Most of this should be completed along with having taken the SAT by the time you start your senior year. Congressional nomination interviews begin at the end of October. Nominees/appointees are contacted starting in December. For further information, see your school counselor.

ARMY ROTC Scholarship

How and When to Apply for a 4 Year Army ROTC Scholarship: Can start the scholarship application process at the age of 17 years old Recommend starting application no later than 2nd Semester of Junior Year

HYPERLINK "http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html"

http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html

- 3 High School Scholarship Boards convene during Senior Year- OCT, Jan, Mar
- 5 Main Parts (online Application, High School Transcripts, ACT/SAT, Interview, Physical Fitness Test